#### Thirteenth Report

OF

# THE DERBYSHIRE County Pauper Aunatic Asylum.

#### COMMITTEE OF VISITORS.

SIR HUGH SEYMOUR BLANE, BART. (CHAIRMAN).

THE HON. A. H. VERNON.

SIR HENRY SACHEVERELL WILMOT, BART.

THOMAS WILLIAM EVANS, Esq., M.P.

WILLIAM MUNDY, Esq.

THOMAS PEACH, Esq., M.D.

JOHN RADFORD, Esq.

LUCIUS EDWARD MANN, Esq.

FRANCIS WESTBY BAGSHAWE, Esq.

EDWARD RADFORD, Esq.

FRANCIS BRADSHAW, Jun., Esq.

ASHTON MOSLEY, Esq.

JAMES HEYGATE, Esq., M.D.

JOHN BROADHURST, Esq.

CHARLES EDMUND NEWTON, Esq.

EDMUND WILMOT, Esq.

Treasurer..... George Crompton, Esq.

SUPERINTENDENT PHYSICIAN ...... DR. HITCHMAN.

CHAPLAIN ..... THE REV. WM. FINDLEY.

CLERK AND STEWARD...... MR. JOHN LANGLEY.

JOHN BARBER,

CLERK OF THE PEACE.

To the Justices of the Peace of the County of Derby,
assembled at their General Quarter Sessions of the
Peace at Derby, on the 3rd of January, 1865.

#### THE REPORT OF THE COMMITTEE OF VISITORS.

The arrangements and conduct of this Asylum continue in every department to merit, in its fullest sense, the unqualified approbation recorded by the Commissioners and by ourselves.

The Rev. George Fritche having resigned his Office of Chaplain, the Rev. William Findley was on the 12th of March, 1864, appointed in his place.

So many of the Borough Patients as could, without interference with any County Patients, be retained in the Asylum, have been so retained temporarily, subject to immediate removal, if space should be required for County Patients.

H. SEYMOUR BLANE,

CHAIRMAN.

## TO THE COMMITTEE OF VISITORS OF THE DERBY COUNTY ASYLUM.

#### GENTLEMEN,

In fulfilling the Rule which requires that an Annual Report be made by the Resident Physician, it gives me pleasure to state that the Institution has been, and is, in the condition which an ancient writer describes as a happy one when applied to Nations, in the terse sentence,—"Happy is the nation whose annals are few."

During the present year there have been admitted into the Asylum, forty-eight Men and forty-two Women, making a total of One Thousand Five Hundred and Twenty-three Patients admitted since the opening of the Institution in August, 1851.

At the commencement of 1864, there were three hundred and nineteen Patients under treatment,—namely, one hundred and fortynine Men, and one hundred and seventy Women, and at the close of the year the numbers were—one hundred and sixty Men, and one hundred and sixty-three Women, being in excess of four only, at the close, as contrasted with the beginning of the year; but the relative proportions of the Sexes had changed considerably, there being eleven Men more, and seven Women less, than at the commencement of the year.

Of the ninety Patients admitted, more than one-fourth was either congenitally idiotic, paralysed, or epileptic. Some were brought in states of great exhaustion. One, E. S., was so ill, and

so covered with bruises when admitted, that I deemed it necessary to have a Coroner's Inquest at his death, which occurred in four days after his arrival at the Asylum. It appeared in evidence, that the bruises had been caused by his leaping from a window, and by falls among timber when pursued, and captured by his friends, and that his death ensued from natural causes. One Patient died in eight days, a second in seven days, and a third in five days after admission, and several others were obviously sinking from long standing disease of the Brain and other organs. Others were worn down by labour, poverty, and age—thus one Patient was received at seventy-two years of age, two at seventy-eight years, one at seventy-nine, and one at eighty years of age. These causes have, of course, contributed to the number of deaths; but the deaths, I am happy to state, have not reached so high an average as 10 per cent. of all under treatment.

The causes of Death in the eighteen Men, and twenty Women who have died, were as follows ----

General Paralysis	6
Softening of Brain with Paralysis	4
Epilepsy, and its consequences	12
Apoplexy	2
Exhaustion after Mania	4
Inflammation of Bowels	1
Pulmonary Consumption	4
Senile Gangrene	2
Old age	2
Gastric Fever	1

The value of early treatment may be illustrated by the following facts:—Up to the last month, and I exclude the last month solely

38

Patients, and twenty only, free from Epilepsy, or Paralysis, have been admitted within a month of the first onset of their Insanity; and of these eleven, or more than one-half, have been discharged, cured; four others are progressing most satisfactorily; while two died from exhaustion,—thus leaving only three doubtful ones under treatment; and of these, one will, I think, ultimately recover; thus, giving as the realised result of treatment upwards of 60 per cent. of Cures in cases of recent origin uncomplicated by serious organic disease; and a still larger per centage may fairly be anticipated when the condition of the cases still under treatment is taken into consideration. This is an eloquent contrast to the result of chronic cases in which five or six per cent. can with difficulty be realised even in the most successful Institutions.

During the year the Patients have been employed and amused as heretofore. Every Thursday evening throughout the Winter they have been instructed by Lectures and Readings, and amused by Music, Dances, and Magic Lantern Exhibitions, and occasionally by Theatrical Performances. In the Summer months they make long excursions into the country, have dances in the open air, and play at cricket weekly. Some of the Male Patients have enjoyed two public cricket matches during the year, and it is again my pleasing duty to refer to the kindness and hospitality of the inhabitants of Findern, who not only provided a field, but a cricket company also, and crowned the whole by a generous supper to the Patients in the evening. At Shrovetide football is indulged in; and Easter and Whitsuntide, open-air games are resorted to, and much amusement is obtained from foot-races, wheelbarrow matches, jumping in bags, and other improvised games; while Christmas Eve is always characterised by a long and joyous sucession of dances, songs, and theatrical performances; and Christnas Day by a more solemn, but not a less appreciated service in

the chapel, and by a generous dinner, and other indulgences afterwards.

Divine Service is always looked forward to with interest, and every Sabbath finds the Chapel full of earnest and devout worshippers. A larger and better Chapel is much needed, and I would fain respectfully repeat my former hope, that the day may not be distant when an ecclesiastical structure shall be raised at this Asylum as appropriate, and as beautiful, as the Chapels which now adorn the grounds of Wakefield, Prestwich, Chester, and other County Asylums.

Morning and Evening Prayers have been conducted daily in the Wards as heretofore.

It is with profound satisfaction that I am able to record that there has been no Suicide, nor any permanent escape from the Asylum, during the past year.

At Easter the Rev. George Fritche, to whom the Patients were much attached, and who had discharged the duties of Chaplain for nine years, left the office to enter upon the Rectory of King's Newton, in Warwickshire, and he has been succeeded at this Asylum by the Rev. Wm. Findley, Vicar of Willington, who has performed the sacred functions of his office with undeviating punctuality, and with much acceptableness and zeal.

At the end of April, Miss Julia Probyn, who had discharged the duties of Chief Nurse on the female side for upwards of nine years, was appointed to the important office of Matron to the large County Asylum at Inverness in Scotland. I am happy to state that in her successor, Miss Hearder, the Asylum possesses a most active, skilful, and benevolent officer. The General Statistics of the Hospital have been as follows:—

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Remaining in the Asylum, December 31st, 1864:—

Men Women	• • • • • • • • • • • • • • • • • • • •	$160 \} $ $163 \}$	323
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I have again the satisfaction to record that I continue to receive valuable and cordial aid from Mr. Langley, the Steward, in all that relates to the employment and amusements of the Patients; and that the conduct of William Joyce, who has acted as chief Male Attendant of the Asylum since its opening, and of the Attendants and Servants generally, merits my approbation.

On the 16th of May the Asylum was minutely inspected by two of Her Majesty's Commissioners in Lunacy, who left the following Report:—

#### "Derby, County Asylum, 16th May, 1864.

"We have inspected every part of this Asylum to-day, and seen all the Patients, none of whom were absent on leave. Everything was in its usual excellent order. Such few changes as have been made since the visit of the 16th of January, 1863, have added yet more to the gaiety and cheerfulness of the wards, especially on the female side, and to their thoroughly domestic character; the

effect of such arrangements being observable, as on former occasions, in the quiet state, and orderly behaviour, of the patients, notwithstanding the large preponderance in this Asylum of epileptic and demented cases.

"The numbers to-day being 149 men, and 169 women—in all 318—are in excess of those at the visit of January, 1863, by only one of each sex. On both sides they were singularly free from excitement; and the clothing, particularly of the women, was uniformly neat and good. The variety of material in the Patient's dresses here is deserving of remark.

"Since the last visit one of the Female wards has been papered in the upper part; and all the rest have been re-washed with a light, cheerful colour; the same being now in progress in the Men's division, with extremely good effect. All the various ornaments and objects of interest throughout the Asylum, the majority of which are the work of the Patients, such as articles of knitting and embroidery, artificial flowers, curtains, valances, and covers to the furniture, are kept up with great completeness; and the plants, pictures, birds, and other domestic animals, have been increased considerably. We observe, also, with pleasure, the new arrangement by which a Circulating Library of books and papers, is established in the several wards; the numbers assigned to each being changed every month, and a framed list of the books in current use being hung up in all the galleries.

"Of the condition of the various single sleeping rooms, and of the associated dormitories, we cannot speak too highly. Every provision is made in them to carry out the domestic character of the accommodation which prevails in other parts of the Asylum, and with corresponding effect, upon the habits of the patients.

"Though the female side is as full as consists with comfort, the ventilation of these rooms is excellent; and here a single wet-bed is of infrequent occurrence, notwithstanding the large numbers of demented and epileptic. On the men's side four were wet last night; two-thirds of their whole numbers belonging to the classes last referred to. The change mentioned in the last entry as then in contemplation for provision of 18 additional single beds, has not been carried out; the room desired being intended now to be obtained by removal of the Borough Patients, who are at present under notice for termination of the Contract in November next. During the past year, however, a very considerable, and well-furnished dormitory has been opened in the Infirmary ward.

"As to other changes, in that interval, we have to report that new urinals of good construction have been placed in the Male division; that the small lobbies leading into the several wards, have been lighted; that some improvements, including a new barn, stable, cart-house, and room over, have been made in the farm buildings, and that 20 additional acres of pasture land are now rented by the Committee. In some of the airing courts there is a capability of improvement, of which advantage will, we trust, be taken, by greater attention to the turf, and by planting additional trees. Sun-shades are now provided, by means of tents, which are at present in course of erection for the summer.

"The same sufficient arrangements for outdoor exercise and for regular recreation of the inmates, continues to be made. The Thursday in every week, is always set apart for this purpose, and there are singing classes on Saturdays. We have again to remark upon the valuable addition that would be made to the means in this respect so beneficially employed by Dr. Hitchman, if the recreation hall were enlarged by taking in the adjoining room, now quite inadequate as a chapel to the wants of the Asylum. The numbers attending Chapel are limited by the space, and would be greater if

there were more accommodation for them. The Sunday attendants average about 140. The proportion of both sexes regularly employed, 75 on the Men's side, and between 80 and 90 on the Women's, are also about the same as formerly.

Since the visit of January in last year, 146 Patients have been admitted—76 Men, and 70 Women; 81 have been discharged—42 Men and 39 Women; and 62 have died—32 Men, and 30 Women. Of those discharged, 33 of each sex had recovered. The deaths of which the largest proportion was of cases admitted in advanced stages of hopeless disease, were chiefly from Epilepsy, General Palsy, and Softening of the Brain. Eighteen Patients are at present under treatment for disorders of a grave kind. There is never any restraint here, and the seclusion has not been very frequent, averaging during the last quarter of a year, nine patients of both sexes for periods not longer than three to six hours. We take occasion to remark that the arrangements for bathing the Patients ought to be so made that never more than three are placed in the same water.

Every part of this Asylum bears continued and increasing testimony to the successful management of Dr. and Mrs. Hitchman, and to their unwearied efforts to promote in all its departments the welfare and the domestic comfort of the Patients.

JOHN FORSTER. S. GASKELL.

The Committee will, I trust, consider the above Report a most satisfactory one; and, at the same time, permit me to thank them for the kind and generous support which they have given to me in the discharge of my duty.

I have the honor to be, Gentlemen,

Your obedient Servant,

JOHN HITCHMAN, M.D.,

Physician to the Asylum.

January, 1865.



#### DERBY COUNTY ASYLUM.

### INCOME AND EXPENDITURE FROM THE 1st DAY OF JANUARY TO THE 31st DAY OF DECEMBER, 1864.

FROM UNIONS AND PARISHES	INCOME	FROM WEE	KLY RATE F ENDING	FOR THE Q	UARTERS		HEADS OF	EXPE	NDITURE FI QUA	ROM WEEKI ARTERS ENI	LY RATE FO	R THE	
Contributing.	31st March £. s. d.	30th June £. s. d.	30th Sept. £. s. d.	31st Dec. £. s. d.	Total. £. s. d.	Total. £. s. d.	EXPENDITURE.	31st March £ s. d.	30th June £ s. d.	30th Sept. £ s. d.	31st Dec. £ s. d.	Total. £ s. d.	Total. £ s. d.
Ashby-de-la-Zouch Ashbourne Basford Belper Bakewell Burton-upon-Trent Chesterfield	60 14 3 109 8 0 299 9 3 178 0 4 136 2 11	66 19 9 55 7 0 99 7 9 264 7 9 175 4 1 148 11 4 294 10 0	87 1 0 60 0 11 88 10 5 259 7 7 186 18 11 154 3 1 295 4 2	60 2 8 64 19 1 85 13 2 222 0 0 203 19 10 153 3 10 306 3 9	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$		Provisions.  Meat Flour Oatmeal, Rice, Barley, Peas Potatoes and Carrots Tea and Coffee	22 8 4 41 14 1		385 8 2 189 15 0 23 4 5 30 12 7 34 6 4	360 18 7 172 0 0 18 11 5 49 3 5 38 9 4	1430 19 2 687 15 0 87 3 4 144 6 10 142 19 10	
Chapel-en-le-Frith Derby Ecclesall Bierlow Glossop Hayfield Mansfield Rotherham Shardlow	62 5 1 454 3 1 41 8 4 79 3 4 35 10 0 11 16 8 0 0 0	58 2 5 427 10 7 40 19 0 81 6 6 35 2 0 11 14 0 5 13 2 85 12 8	52 13 0 429 6 9 36 3 7 94 19 0 35 8 5 20 12 9 2 19 2 86 4 2	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	226 5 6 1780 15 11 155 19 6 351 10 5 106 0 5 67 16 9 8 12 4	•	Sugar and Treacle Other Groceries Tobacco and Snuff Butter and Cheese Beer Milk Wine	18 13 11 8 9 2 20 6 0 108 16 11 155 5 0	18 16 0 6 17 3 18 4 0 88 8 9 144 12 0 17 9 4 0 0 0	22 13 0 10 5 2 19 6 0 110 13 3 93 9 0 0 0 0 11 6 0	22 7 5 16 16 0 20 10 0 115 16 7 138 0 0 18 18 9 0 0 0	82 10 4 42 7 7 78 6 0 423 5 6 531 6 0 36 8 1 11 6 0	3698 13 8
Worksop	18 12 11 15 8 8	0 0 0 11 14 0	11 14 0 11 14 0 23 8 0	5 18 4 11 16 8 24 6 2	36 5 3 50 13 4	7633 11 3 94 15 6	House & other Expenses Coals Horse Soap Starch and Soda Candles and Cleaning Articles	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	32 13 10 2 12 8	$\begin{array}{ c c c c c c }\hline 32 & 5 & 3 \\ 2 & 10 & 8 \\ \hline \end{array}$	157 18 10 0 0 0 28 14 4 4 2 10 11 12 6	724 10 9 45 0 0 125 7 5 11 18 9	9090 19 0
From Unions & Parishes not Contributing.							Furniture, Bedding, and General Repairs Ironmongery, Cutlery, and Earthenware Brooms and Brushes Rates and Taxes Periodicals, Printing,	49 14 3		88 9 5 32 12 11 2 10 6 9 8 4			
Bolton	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	0 13 9 7 16 0 0 0 0 7 16 0	0 0 0 7 16 0 0 0 0 7 16 0	$egin{array}{cccc} 0 & 0 & 0 & 0 \\ 4 & 2 & 3 & 0 \\ 7 & 17 & 9 & 0 \\ 5 & 18 & 11 & 0 \\ 6 & 18 & 10 & 0 \\ \end{array}$			Stamps, & Stationery Carriage of Goods & Tolls Omnibus Hire Funeral Expenses Road Repairs Sweeping Flues Insurance	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	$begin{bmatrix} 2 & 5 & 0 \\ 19 & 8 & 9 \\ \end{bmatrix}$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	22 3 9 2 14 1 7 1 0 5 15 6 0 0 0 2 5 0 0 0 0	60 0 6 10 19 8 14 2 0 26 19 2 6 10 0 9 0 0 19 8 9	
Newark	111 9	, 10 0	7 10 0	0 10 10	30 0 7		Miscellaneous			21 6 9 153 10 6	7 5 4 86 15 0	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	1695 14 1 532 4 6
For Funerals						$\begin{bmatrix} 34 & 2 & 6 \\ 261 & 6 & 0 \end{bmatrix}$	Salaries and Wages. Officers Servants	200 0 0 276 9 10	1 11	200 0 0 283 15 11		850 0 0 1139 · 12 10	
							Extras for Sick.  Drugs & Instruments  Wines and Spirits  Porter	14 19 11 23 4 0 9 8 3	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	12 0 5 21 18 0 19 6 0	$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	48 18 10 113 6 0	209 15 10
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Examined.

(Signed)

EDWD. RADFORD. CHAS. EDMD. NEWTON.

JOHN LANGLEY,

CLERK & STEWARD.

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		Tradesmen for Supplies to the 31st December, 1865			_	Supplies to Farm and Garden	December, 1864  Ditto in Stewards' hands				JOHN LANGLEY, Clerk and Steward,
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S. d.			<u>ප</u> වී	1	7633		261 34	1	200		RD R EDM
	Balance in Treasurer's hands on the 31st	December, 1863	Sundry Sales	Officers' Uniform  Transfer	Maintenance of Patients from Unions and Parishes belonging to this County 7633 11	Unions and Parishes belonging to Out	Private Patients	Accounts due to Tradesmen for supplies to the 31st December, 1864	Ourcers datafies to Ditto		Examined, Signed (EDWARD RADFORD. CHAS. EDMD. NEWTON
DR.	Balance in Treasur	December, 1863 Do. in Steward's he	Sundry Sales	Officers' Uniform Transfer	Maintenance of Panishes bel	Unions and Paris Counties	Private Patients	Accounts due to Tr	Omcers Shiaries to		Exe

# BY THE FEMALE PATIENTS, ARTICLES MADE

Between the 1st January and the 31st December, 1864.

Iron Holders.	102
Baga.	34
Neta.	40 34
Blinds.	67
Dusters.	339
Boot Uppera.	159
Carpets.	46
Chair Covers.	က
Curtains.	56
Petticoats.	111
Knitled Hose.	30 246
Vests.	<u>6</u>
Table Cloths.	99
Towels.	185
Strong Dreases.	જ
Shrouda.	39
Stays.	27
Spirts, Flannel.	52
Shirts, Linen.	184
греетз.	217
Stocks.	144
Pinafores.	36 61
Pillow Cases.	36
Mattress Cases.	23
səlinaM	4
1 Jackets	2
Handkerchiefs.	177
Gowns.	29 224
Drawers.	23
Chemises.	222
Caps, Men's.	209
Caps, Women's.	163
Bed Quilts.	cv
Bolater Cases.	177
Bonnets.	51
Aprons.	155

SUPPLIES TO THE HOUSE FROM THE FARM AND GARDEN,

During the Year ending December 31, 1864.

.erswohilusO	Heads.	299
Peas.	Pecka.	112
Beans.	Pecks.	221
Lettuce.	Heads.	6 1223
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· q	qr. 1b. C.	23
Rhubarb.	gr.	0
Rhı	င်	15
70		30
Potatoes.	qr.	1 20
Pot	. c.	# -
	b. H	0 3 11
nips	qr. 1	0
Parsnips.	qr. lb. T. C. qr. lb. T. C. qr. lb.	13
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ots.		3 17
Carrots.	5	
	0	<u> </u>
Cabbages.	T. C. qr. lb. C. qr. lb. T.	1 15
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Milk.	Galls.	5100 6083 7 11
Pork,	lbs.	3100

# ORDINARY DIET.

		Tea.	pt.		-	<del></del>	-	<b>H</b>	H	
	Females.	Butter.	oz.	-403	-409	-403	-101	-103	r403	H01
PER.	Fe	Bread.	oz.	70	5	ಬ	ಬ	ಬ	ಬ್	ಸ
SUPPER.		Среезе.	oz.	જ	લ્ય	લ	જ	લ્ય	જ	<b>c</b> ≀
	Males.	Bread.	OZ.	9	9	9	9	9	9	9
		Beer.	pt.	ria	~4c3	નલ	≓(c)	<b>⊣</b> oì	<b>−</b> 403	-403
		Vegetables.	oz.	12	:	12	12	:	12	:
		Stew.	OZ.	•	•	•	:	123	:	:
	Š	·dnog	pt.	:	H	:	:	:	:	•
	Females.	Pie or Pudding.	oz.	:	:	•	:	:	:	14
	Ŧ	Опсоокед Меаt.	oz.	7	:	7	7	•	1	:
		Bread.	oz.	್ಷ	ಸರ	5	ಶ	ಸಂ	ಎ	<u>ب</u>
DINNER.		Beer.	pt.	<b>-</b> √c>	<b>ল</b> াক	ત્વલ	433	-403	નંજ	-40 <b>2</b>
DIN	V 10-12-16-1	Vegetables.	OZ.	12	:	12	12	:	12	:
		Stew.	oz.		:	:	:	13	:	•
		·dnos	pt.		<u> </u>	:	:	:	:	:
	Males.	Pie or Pudding.	oz.	•	:	:	:	:	:	14
		Uncooked Meat.	oz.	7	•	7	L	:	7	:
		Bread.	OZ.	9	9	9	9	9	9	9
		Beer.	pt.	-403	H01	-403	rds.	m(0)	-163	-409
T.	Females.	Milk Porridge.	pt.	П	H	H	H	H	Н	-
KFAS	Fem	Bread.	oz.	2	ಹ	ಸ	5	5	5	ಸ್ತ
BREAKFAST	Males.	.9gbirroT AliM	pt.	H	r	H	Н	H		.—
R	Ma	Bread.	OZ.	9	9	9	9	9	9	9
				Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Laundry Women, ½ pint Beer, with Bread and Cheese, at 11 o'clock a.m., and ½ pint Beer at 4 o'clock p.m.

Great additions are made to the above table; Epileptic, palsied, aged, and weakly Patients are allowed extra diet, such as Pounded Meat, Fish,
Rice, Egg, Tapioca, Sago, and Arrowroot Puddings; with Porter, Brandy, or Wine, under the direction of the Superintendent-Physician. Workers 2 pint Beer extra at 11 o'clock a.m., and at 4 o'clock p.m.

#### DERBY COUNTY ASYLUM.

#### Aberage Weekly Cost

OF

# MAINTENANCE, MEDICINE, CLOTHING, AND CARE OF PATIENTS,

During the Year ending December 31, 1864.

	s.	d.
Provisions	4	
Clothing	0	$7\frac{1}{2}$
Salaries and Wages	2	$4\frac{1}{4}$
Necessaries, Fuel, Light, and Washing	0	$11\frac{3}{4}$
Surgery and Dispensary	0	$0\frac{1}{2}$
Wine, Spirits, and Porter	0	$2\frac{1}{4}$
Furniture and Bedding	0	$6\frac{3}{4}$
Garden and Farm	0	$2\frac{3}{4}$
Miscellaneous, viz.—Rates and Taxes, Periodi-		
cals, Printing, Stamps, Stationery, Car-		
riage of Goods, and Insurance	0	$2\frac{3}{4}$
	9	$6\frac{1}{2}$
Less Receipts from Sales	0	$1\frac{1}{2}$
	9	5
Average Daily Number of Patients	324	

